

FIRST AID TRAINING FOR AU PAIRS

As you will probably agree, First Aid knowledge is essential for every Au Pair caring for young children. In addition to the basic introductory session during the Welcome Training, Au Pair International offers several extensive workshops each year:

“First Aid for Babies and Children.”

The workshop is delivered by certified Red Cross instructors. They explain (in English) and demonstrate how to act in specific emergency situations. Participants can ask questions and apply skills in practice, and each au pair is continuously assessed during the session.

Your au pair will learn:

- ✓ How to bring a child to safety
- ✓ How to assess an emergency situation and which emergency services to contact
- ✓ How to provide first aid for the seven most common accidents among children: unconsciousness, nosebleeds, choking, skin wounds, burns, sprains, poisoning

in collaboration with

Het Nederlandse  **Rode Kruis**



PRACTICAL INFORMATION 2026

Fee: €135

Duration: Half day

Venue: The Hague

Registration: via step 5.3 in the host family portal

Cancellation and Refund Conditions

- If the workshop is cancelled by Au Pair International, the full participation fee will be refunded.
- After you receive the confirmation email, you have a 14-day reconsideration period.
- During this period, you may cancel your registration free of charge.
- After the 14-day reconsideration period has expired, your registration becomes final, and cancellation is no longer possible. No refunds can be issued at that stage