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AU PAIR
INTERNATIONAL

ENGLISH
FOR AU PAIRS



Introducing: An English Language Course for Au Pairs in the Netherlands

Would you like your au pair to enhance her English skills and achieve fluency through a ten-lesson course? If so, our 'English for Au Pairs' introductory course is the perfect fit! Tailored for participants in the au pair program in the Netherlands, this ten-week intensive course follows the unique journey of an au pair.

The course includes two in-person sessions in The Hague—the first and last ones—along with eight online lessons. These sessions revolve around important themes for au pairs, starting from their arrival in the Netherlands and initial interactions with the host family, to playing with the children, and concluding with the farewell. The main emphasis of the course is on improving speaking fluency and enhancing listening comprehension, while also covering relevant vocabulary and grammar.

Throughout the program, au pairs will be introduced to some important aspects of cross-cultural communication. Our classes incorporate interactive and educational games, ensuring a fun and engaging learning experience for all participants!

Intrigued?

Register your au pair today for one of the courses as space is limited!

Course highlights:

- 🎓 **Professional Instructors:** Our dedicated language experts are not just teachers; they're language enthusiasts who are dedicated to seeing you succeed.
- 🏠 **On-Location Sessions:** Experience the multicultural environment firsthand as you practice your newfound language skills in a real-life setting during the first and last sessions.
- 🌐 **Online Learning:** Enjoy the convenience of virtual lessons for the remaining eight sessions, tailored to fit your au pair schedule.
- 📅 **Flexible Timing:** Choose the option that suits your au pair schedule, ensuring a seamless balance between work and language learning.
- 📖 **No Textbooks Needed:** We've got all the materials covered! No need to worry about extra costs—everything you need for the course is provided.
- 👤 **Certificate of Participation:** An internationally recognized certificate of participation is awarded (a minimum of 80% attendance required).
- 📅 **Intensive and Immersive:** Ten two-hour instructional sessions are provided, with instruction conducted exclusively in English.
- 👥 **Personalized Approach:** We offer a small group instruction that ensures a personalized approach.
- 📱 **WhatsApp Support:** Join our exclusive WhatsApp group - your virtual hangout to connect with fellow language learners. Swap homework tips, share study hacks, and keep the learning vibes alive even after class hours!



After the course, your au pair will be able to:

🌟 Express themselves confidently while engaging in natural conversations with the host family, other au pairs, and locals.

📋 Understand detailed instructions, ensuring a smooth household flow.

👶 Communicate with children for specific purposes while organizing fun educational activities, promoting a positive and interactive environment.

💬 Converse on family topics, share personal stories, and contribute actively to family conversations.

🛒 Follow and independently create shopping lists, read grocery store labels, follow cooking instructions.

🏥 Communicate health needs and navigate medical situations, ensuring the well-being of themselves and the host family.

❓ Describe common challenges faced by au pairs, including money matters, lost or broken items.

✈️ Articulate future plans, contributing to goal-setting conversations with the host family.

Enrolling in our course ensures that your au pair not only masters their English language skills but also gains practical abilities to navigate everyday life with confidence and ease!

Price, including all materials:

- €395 for au pairs registered with Au Pair International;
- €440 for au pairs registered at another agency.

Requirements:

- ▶ The au pair is registered with a recognized sponsor of the IND;
- ▶ The au pair has some basic English knowledge (A1).

Course dates and times on the next page:

COURSE DATES

ON WEDNESDAYS	Lesson date	Lesson time	Location
Lesson 1	01-02-2026	13:00 - 15:00	The Hague
Lesson 2	03-02-2026	19:00 - 21:00	Online
Lesson 3	17-02-2026	19:00 - 21:00	Online
Lesson 4	24-02-2026	19:00 - 21:00	Online
Lesson 5	03-03-2026	19:00 - 21:00	Online
Lesson 6	10-03-2026	19:00 - 21:00	Online
Lesson 7	17-03-2026	19:00 - 21:00	Online
Lesson 8	24-03-2026	19:00 - 21:00	Online
Lesson 9	31-03-2026	19:00 - 21:00	Online
Lesson 10	11-04-2026	15:30 - 17:30	The Hague

Please note:

Lesson one is on **Sunday, February 01, 2026** in the Hague from **13:00 to 15:00 hours** in the afternoon, and lesson ten (the last lesson) is on **Saturday, April 11, 2026** in The Hague from **15:30 to 17:30 hours** in the afternoon. All other lessons are scheduled on **Tuesdays**, from **19:00 to 21:00 hours** in the evening.

**Call us at +31 (0)70 221 13 95 or
send an e-mail to info@aupairinternational.nl to secure your spot today!**





A U P A I R
I N T E R N A T I O N A L

Business hours

Monday to Friday
9.00 – 17.00h

Contact

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Visiting address

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