



AP

A U P A I R
I N T E R N A T I O N A L



DUTCH LANGUAGE
COURSE



Introduction Dutch course for au pairs

Would your au pair like to learn something about the Dutch language and culture? Then this is the ideal course! Our introduction course 'Dutch for au pairs' is tailored made for participants of the au pair program in the Netherlands. In this compact course, the au pair is taken along an unique path: The journey of an au pair. There will be two on location lessons (first and last lesson) and eight online lessons. These lessons are designed around important themes for an au pair; from his/her arrival in the Netherlands, meeting the host family, grocery shopping at the supermarket, interacting/bonding with the host children and finally saying goodbye and departing for home. The emphasis during the course is focused on learning to speak and understand the Dutch language. The au pair will also be taught most commonly used verbs and basic grammar. We also pay attention to important aspects of the Dutch culture. With the help of interactive and educational games, our classes are super fun and 'gezellig'!

Intrigued?

Register your au pair today for one of the courses as space is limited!

Information regarding the course:

- ▶ Groups of ten to twelve people;
- ▶ A total of ten, two-hour lessons;
- ▶ First and last lesson on location in the Hague;
- ▶ Dutch is spoken during the lesson and English for support where necessary;
- ▶ No need to purchase books;
- ▶ Teaching materials are handed out during the first lesson;
- ▶ Homework load is approximately two hours per week;
- ▶ Lessons are online once a week and in person (first & tenth/last lesson);
- ▶ Certificate of participation (with a minimum of 80% attendance of the lessons);
- ▶ Registration is final after payment of the full tuition fee. Refund of the paid tuition fee is not possible, but a € 75 discount voucher for a new language course by Au Pair International may be requested, if the au pair needs to discontinue attendance before lesson six;
- ▶ No possibility for catch-up lessons.

Lesson plan and topics:

- Introduce yourself; meet and greet;
- Daily tasks of an au pair; morning and evening ritual;
- Leisure activity; language course, going out;
- Interaction with children; play, bath, homework help;
- Make an appointment; registration at the municipality, restaurant, hotel;
- Personal care; hygiene, at the doctor's;
- Future; return home, deregister from the municipality;
- Looking back; goals achieved?, tips and tops.

**After the course, your au pair will be able to:**

- Introduce himself/herself, e.g. Tell who he/she is and where he/she comes from;
- Say where he/she lives now and about his/her host family;
- Have a simple conversation with the children of his/her host family;
- Make appointments with institutions and persons;
- Order and pay in restaurant and bars;
- Do (grocery) shopping;
- Connect and keep in touch with new people/friends;
- Talk about his/her future plans.

Price:

- €395 for au pairs registered with Au Pair International;
- €440 for au pairs registered at another agency.

Course material:

Course book (included).

Requirements:

- ▶ The au pair is registered with a recognized sponsor of the IND;
- ▶ The au pair has sufficient basic knowledge of the English language.

Why choose us?

- Because we offer a tailor-made language course based on the au pair's journey during his/her au pair year in the Netherlands;
- We offer two lessons on location to meet the teacher and other participants in person and then the remaining lessons take place online;
- We offer compact lessons where the emphasis is focused on conversation so that the au pair can have a simple conversation right away;
- Enthusiastic and certified teachers with a lot of (international) teaching experience;
- Certificate of participation will be handed out personally at a festive award ceremony after the last lesson on location;
- WhatsApp group to keep in touch with the students and to do homework and study together;
- Personal approach because we work with small groups.

OPTION 1

WEDNESDAY MORNING	Lesson date	Lesson time	Location
Lesson 1	08-02-2026	15:30 - 17:30	The Hague
Lesson 2	11-02-2026	09:00 - 11:00	Online
Lesson 3	18-02-2026	09:00 - 11:00	Online
Lesson 4	25-02-2026	09:00 - 11:00	Online
Lesson 5	04-03-2026	09:00 - 11:00	Online
Lesson 6	11-03-2026	09:00 - 11:00	Online
Lesson 7	18-03-2026	09:00 - 11:00	Online
Lesson 8	25-03-2026	09:00 - 11:00	Online
Lesson 9	01-04-2026	09:00 - 11:00	Online
Lesson 10	11-04-2026	13:00 - 15:00	The Hague

OPTION 2

FRIDAY MORNING	Lesson date	Lesson time	Location
Lesson 1	08-02-2026	15:30 - 17:30	The Hague
Lesson 2	13-02-2026	09:00 - 11:00	Online
Lesson 3	20-02-2026	09:00 - 11:00	Online
Lesson 4	27-02-2026	09:00 - 11:00	Online
Lesson 5	06-03-2026	09:00 - 11:00	Online
Lesson 6	13-03-2026	09:00 - 11:00	Online
Lesson 7	20-03-2026	09:00 - 11:00	Online
Lesson 8	27-03-2026	09:00 - 11:00	Online
Lesson 9	03-04-2026	09:00 - 11:00	Online
Lesson 10	11-04-2026	13:00 - 15:00	The Hague

Please note: Lesson one for all options is on **Sunday February 8th, 2026** in The Hague from **15:30 to 17:30 hours** and lesson ten (last lesson) is also for all options on **Saturday April 11th, 2026** in The Hague from **13:00 to 15:00 hours**.



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Business hours

Monday to Friday
9.00 – 17.00h

Contact

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Visiting address

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The Hague
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